



School Information:
 Summer Site Information will be available as the school year is ending. Call – 1-866-HUNGRY Or 1-877-HAMBRE [for Spanish] to find a summer food assistance location nearby.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts



Monday

Tuesday

Wednesday

Thursday

Friday



WW= Whole Wheat
 Sensible Snacks Contain
 Fat -7g Or Less – Sodium
 360mg Or Less – Sugar 15g Or Less

MENU SUBJECT TO CHANGE

5
 Grilled Cheese
 Tater Tots
 Mixed Veggies / Fresh Carrots
 Fresh Fruit

6
 Chicken Sandwich
 Sweet Potato Fries
 Mixed Green Salad
 Broccoli
 Fresh Fruit

7
 WW/ Pasta W/
 Meatballs , W/WW/Roll
 Mixed Green Salad
 Or Mixed Veggies
 Fresh Fruit

8
 Chicken Fajita
 Brown Rice & Beans
 Mixed Green Salad
 Mixed Veggies
 Fresh Fruit

9
 Whole Wheat
 Cheesy Pizza
 Or
 Veggie Pizza
 Greek Salad Or Broccoli
 Fresh Fruit

12
 Chef's
 Choice

13
 Chef's
 Choice

14
 Chef's
 Choice

15
 Chef's
 Choice

16
 Chef's
 Choice

19
 Early Dismissal

26

20
 Early Dismissal

27

21
 Early Dismissal

28

22
 Early Dismissal

29

23
 Last Day Of Classes
 Early Dismissal
 HAPPY SUMMER!!
 BE SAFE!!

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